

▶ Whitney Public School – After 4 Programs

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------|--|----------|---|
| | | KARATE Grades 1–6 3:45 – 4:45pm SPANISH LANGUAGE & MUSIC CLASS 12:15 – 1:00pm | | INTRO TO TENNIS Grades 1–4 3:40 – 4:45pm |
| All Whitney After 4 programs start the week of March 25 | | | | |

KARATE

Wednesday

March 25 – June 10

3:45 – 4:45 pm *Returning students stay until 5:15

Grades 1–6

12 classes, \$252

James Greer returns to teach Karate for white belts and beginners. Trained as a second-degree black belt, James designs and teaches karate programs specifically for children. Students will be introduced to the principles of self-discipline, self-control, leadership and teamwork in addition to learning traditional Okinawan Karate. A karate gi (uniform) is required and can be purchased through the instructor at a reduced rate. PLEASE NOTE: Returning students stay until 5:15.

INTRO TO TENNIS

Friday

March 27 – May 29 *No class on April 10th

3:40 – 4:45 pm

Grades 1–4

9 classes, \$225

Instructors from TAC Sports provide a positive and secure environment where students can learn tennis skills and develop confidence in their abilities. In addition, instructors will focus on training every child, with an emphasis on sportsmanship and positive self-talk. Children will be coached in ways that are appropriate for their age and skill level. Junior tennis racquets and low-impact tennis balls will be provided.



BABYSITTING COURSE – PA DAY COURSE AT MOOREDALE

Friday, June 5 (TDSDB & TCSB)

9:00 – 4:00 pm

Grades 5–8

\$130 Includes lunch and snacks

Main House, Room 8

*Two 15 min breaks and a 30 min lunch break will be provided.

This course is designed to teach babysitting, leadership and first aid skills in a fun and informative way. Students learn how to care for infants, toddlers and older children, what questions to ask parents, how to give first aid and what to do in emergencies. Activity book activities, role-playing and hands-on practice teach skills and build confidence. Each student should bring a doll/stuffed animal to the course. Each student will receive a copy of our award winning publication, "What Every Babysitter Should Know" handbook, and upon successful completion, a St. John's Ambulance Babysitter's attendance certificate.

HOME ALONE WITH FIRST AID WORKSHOP

Friday June 5

9:00 am – 1:30 pm

Grades 3–6

\$95

Main House, Room 1

Kidproof's famous At Home Alone with First Aid workshop helps your child become ready to be at home alone and prepared for any emergency with a bonus emergency First Aid section! Does your child spend a few hours home alone before or after school due to your work schedule or other commitments? This popular entertaining workshop is designed to prepare children to look after themselves during these times. Students learn how to stay safe through interactive lessons, role play and hands-on training. Every Kidproof course is non-threatening and empowering. Lunch and snacks provided.

MAGIC LANGUAGES: SPANISH LANGUAGE AND MUSIC CLASS

Wednesday

March 25 – June 10

3:40 – 4:40 pm

Grade 1–3

12 classes, \$264

Our music program for babies and toddlers (6 months to 5 years old) is offered to promote language learning in a fun environment. Children are exposed to the new language through traditional and vocabulary building songs, dance, and props, such as puppets, instruments, lullabies and more.